

## Free Afternoon Suggestions

(Attention: the Conference Banquet will start at 6:30pm 13<sup>th</sup> January)

**Taxi service:** <http://www.banfftransportation.com/banff-taxi-service.html>

### Out of Banff town:

1) Ski and Snow tubing (bus around half an hour) → Norquay (Closest skiing to Banff town, having beginners area)

Getting there: [winter.banffnorquay.com/getting-here/](http://winter.banffnorquay.com/getting-here/);

Suggested bus stop: Banff inn (2km from the Banff center)

Details about Ski:

90 cents lift tickets: [winter.banffnorquay.com/event/90-cent-days-5/](http://winter.banffnorquay.com/event/90-cent-days-5/)

Equipment rental: [winter.banffnorquay.com/your-mountain/rentals/](http://winter.banffnorquay.com/your-mountain/rentals/)

Details about Snow Tubing:

<http://winter.banffnorquay.com/tubing/>

2) Banff Hot Springs---10:00am-10pm (bus around half an hour): Accept reservations

Details: <http://www.hotsprings.ca/#!banff-directions/c1j1o>

Getting there: available with Banff Roam bus

<http://roamtransit.com/schedules-routes/banff-local-route-one/>

Suggested bus stop: “elk street” (2.2km from the Banff center) to “Banff Upper Hot Springs”

3) Caving in Canmore (bus around 45 mins): Accept Reservations

Details: <http://www.canmorecavetours.com/activities/discovery-tour/>

Getting there with Banff Roam bus:

<http://roamtransit.com/schedules-routes/banff-canmore-regional-route-three/>

Suggested stops: Banff High School (2.1km from the Banff center) to Canmore Holiday Inn (2.9km from Caving place)

4) Lake Louise (around an hour away with bus): Accept Reservations

Skating, Sledding , Ice walks, tubing et al

Details: <https://banfftours.zaui.net/data/portals/skibig3/index.php?vendorId=844>

Getting there: available with ski-shuttle: <http://www.skibig3.com/ski-shuttle/>

Suggested bus stops: Banff Ptarmigan Inn (2.2km from the Banff center)

### Banff Town:

1) Banff Town Drop-in Public Skating and Shinny (around 15mins walking)

Details (schedule and rental): <https://www.banff.ca/curling>

2) Volleyball Drop-in

Detail:

<https://www.banff.ca/Calendar.aspx?EID=4813&day=13&month=1&year=2016&calType=0>

3) Afternoon Tea (walking 15mins) and Banff town sightseeing: Accept Reservations

Details: <http://www.fairmont.com/banff-springs/dining/afternoontea/>

### Banff Center:

1) Sports and Relax:

<https://www.banffcentre.ca/sally-borden-fitness-and-recreation> (The 25 meters swimming pool is closed for January): Climbing, Fitness Center, Massage, badminton et al.

2) Exhibition

<https://www.banffcentre.ca/events/exhibition-held-above-our-heads-stone>