#### Under what conditions do quantum systems thermalize?

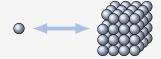
New insights from quantum information theory

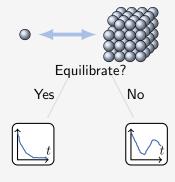
Christian Gogolin, Markus Müller, Arnau Riera, and Jens Eisert

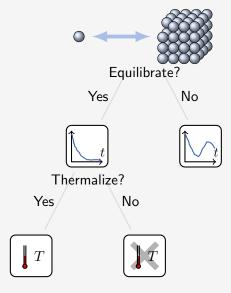
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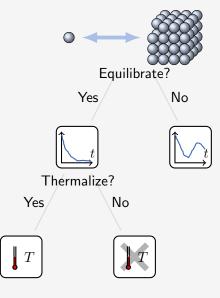
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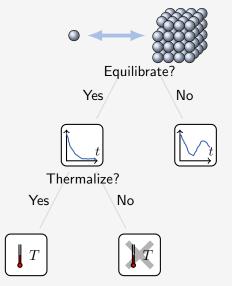






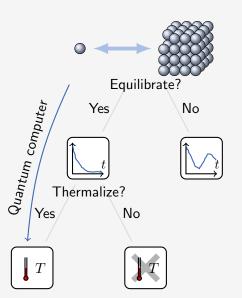


- Information propagation/ Lieb-Robinson bounds
- Haar-measure averages/ Concentration of measure



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- Entanglement in the eigenbasis
- Perturbation theory



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$$\mathcal{H}_S, \mathscr{H}_S$$
  
$$d_S = \dim(\mathcal{H}_S)$$



Bath, 
$$\mathcal{H}_B, \mathscr{H}_B$$
  $d_B\gg d_S$ 



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$$\mathscr{H} = \mathscr{H}_S \otimes \mathbb{1} + \mathbb{1} \otimes \mathscr{H}_B + \mathscr{H}_{SB} \qquad \frac{d\psi_t}{dt} = \mathrm{i} \left[ \psi_t, \mathscr{H} \right]$$

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### Equilibration

#### Equilibration

#### Theorem 1 (Equilibration [1])

If  $\mathcal{H}$  has non-degenerate energy gaps, then for every  $\psi_0 = |\psi_0\rangle\langle\psi_0|$ there exists a  $\omega^S$  such that:

$$\overline{\mathcal{D}(\psi_t^S, \omega^S)} \le \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}.$$

 $\langle \psi_0 |$ 

#### Equilibration

#### Non-degenerate energy gaps

Theorem # has non-degenerate energy gaps iff:

If H has there exis

$$E_k - E_l = E_m - E_n$$

$$\implies k = l \land m = n \quad \lor \quad k = m \land l = n$$

Intuition: Sufficient for  $\mathcal{H}$  to be fully interactive

$$\mathcal{H} \neq \mathcal{H}_1 \otimes \mathbb{1} + \mathbb{1} \otimes \mathcal{H}_2$$

[1] N. Linden, S. Popescu, A. J. Short, and A. Winter, PRE 79 (2009) no. 6, 061103

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If  $\mathscr{H}$  has Effective dimension

$$d^{\text{eff}} = \frac{1}{\sum_{k} |\langle E_k | \psi_0 \rangle|^4}.$$

Intuition: Dimension of supporting energy subspace

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$$\overline{\mathcal{D}(\psi_t^S, \omega^S)} \le \frac{1}{2} \sqrt{\frac{d_S^2}{d^{\text{eff}}}}.$$

 $\implies$  If  $d^{\text{eff}} \gg d_S^2$  then  $\psi_t^S$  equilibrates.

#### Maximum entropy principle

#### Theorem 2 (Maximum entropy principle [2])

If  $Tr[A \psi_t]$  equilibrates, it equilibrates towards its time average

$$\overline{\operatorname{Tr}[A\,\psi_t]} = \operatorname{Tr}[A\,\overline{\psi_t}] = \operatorname{Tr}[A\,\omega],$$

and

$$\omega = \sum_{k} \pi_k \psi_0 \pi_k$$

is the dephased state that maximizes the von Neumann entropy, given all conserved quantities.

<sup>[2]</sup> C. Gogolin, M. P. Mueller, and J. Eisert, (to appear in PRL), 1009.2493

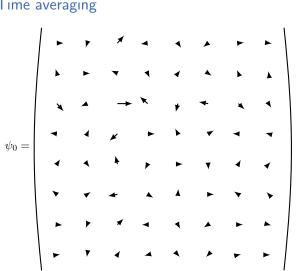
given

# Maximur Time averaging

Theorem If  $Tr[A \psi]$ 

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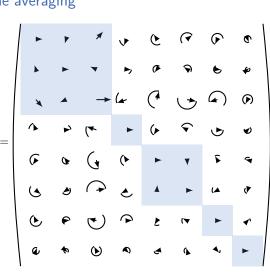
given

## Maximur Time averaging

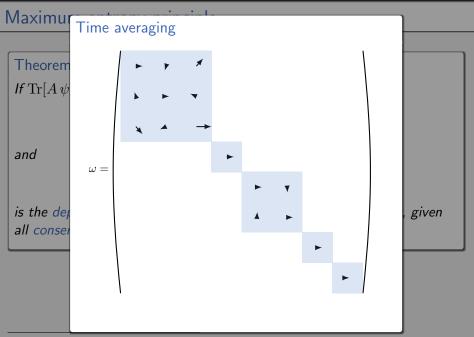
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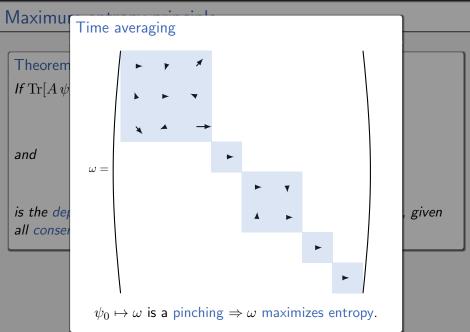
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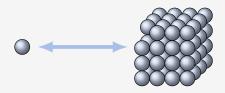
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⇒ Maximum entropy principle from pure quantum dynamics.

<sup>[2]</sup> C. Gogolin, M. P. Mueller, and J. Eisert, (to appear in PRL), 1009.2493

#### **Thermalization**

#### Thermalization is a complicated process



#### Thermalization implies:

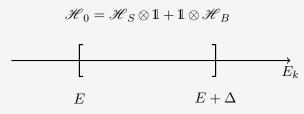
- 1 Equilibration [1]
- 2 Subsystem initial state independence [2]
- 3 Weak bath state dependence [4]
- Diagonal form of the subsystem equilibrium state [7]
- 5 Gibbs state  $\omega^S = \operatorname{Tr}_B[\omega] \approx e^{-\beta \mathcal{H}_S}$  [4]

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<sup>[2]</sup> C. Gogolin, M. P. Mueller, and J. Eisert, (to appear in PRL), 1009.2493

<sup>[4]</sup> A. Riera, C. Gogolin, and J. Eisert, (unpublished), 1101.????

<sup>[7]</sup> C. Gogolin, PRE 81 (2010) no. 5, 051127



$$\mathcal{H}_0 = \mathcal{H}_S \otimes \mathbb{1} + \mathbb{1} \otimes \mathcal{H}_B$$

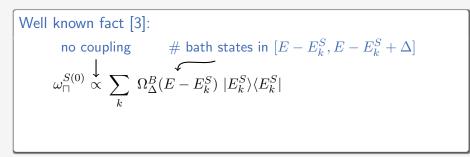
$$\langle E_k^{(0)} | \psi_{\sqcap}^{(0)} | E_k^{(0)} \rangle \uparrow \qquad \qquad E_k$$

$$E \qquad \qquad E + \Delta$$

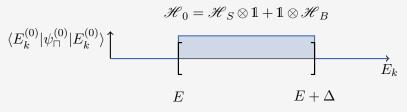
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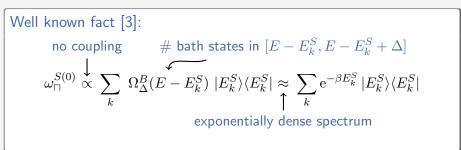
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<sup>[3]</sup> S. Goldstein, PRL 96 (2006) no. 5, 050403





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#### Perturbative coupling $\|\mathcal{H}_{SB}\|_{\infty} < \operatorname{gaps}(\mathcal{H}_0) \dots$

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- ... provably prevents thermalization because

perturbative coupling

effective entanglement in the eigenbasis  $R(\psi_0)$  is small

absence of initial state independence.

$$\mathcal{D}(\omega^{S(1)},\omega^{S(2)}) \leq \mathcal{D}(\psi_0^{S(1)},\psi_0^{S(2)}) - R(\psi_0^{S(1)}) - R(\psi_0^{S(2)})$$

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⇒ Refutes wide spread believe that "non-integrable models thermalize."

[2] C. Gogolin, M. P. Mueller, and J. Eisert, (to appear in PRL), 1009.2493

# Realistic weak coupling

- Naive perturbation theory fails.
- Realistic weak coupling: gaps $(\mathcal{H}_0) \ll \|\mathcal{H}_{SB}\|_{\infty} \ll \Delta$

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### Theorem 3 (Corollary of a theorem from [4])

If  $\|\mathscr{H}_{SB}\|_{\infty} \ll \Delta$  the dephased states  $\omega_{\square}^{S(0)}$  and  $\omega_{\square}^{S}$  are close to each other in the sense that

$$\mathcal{D}(\omega_{\sqcap}^{S}, \omega_{\sqcap}^{S(0)}) \lessapprox 3\sqrt{\frac{\|\mathcal{H}_{SB}\|_{\infty}}{2\Delta}}.$$

# Consequences

$$\Longrightarrow \operatorname{Tr}_B[\omega_{\sqcap}] = \omega_{\sqcap}^S \approx \rho_{\mathrm{Gibbs}}^S$$

<sup>[4]</sup> A. Riera, C. Gogolin, and J. Eisert, (unpublished), 1101.????

### Consequences

$$\Longrightarrow \operatorname{Tr}_B[\omega_{\sqcap}] = \omega_{\sqcap}^S \approx \rho_{\text{Gibbs}}^S$$

#### "Theorem" 5 (Conclusion [4])

Assume  $\Omega^B_{\Lambda}(E-E^S_{\iota})$  becomes exponentially dense to higher energies.

#### (Kinematic)

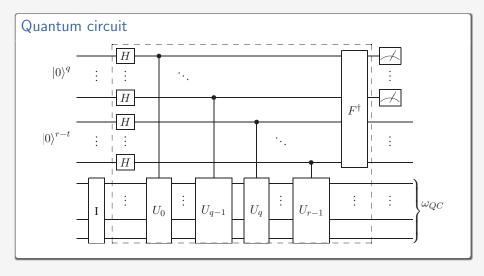
If the coupling is weak  $\| \mathcal{H}_{SB} \|_{\infty} \ll \Delta$ , almost all pure states from a microcanonical subspace  $[E, E + \Delta]$  are locally close to a Gibbs state.

#### (Dynamic)

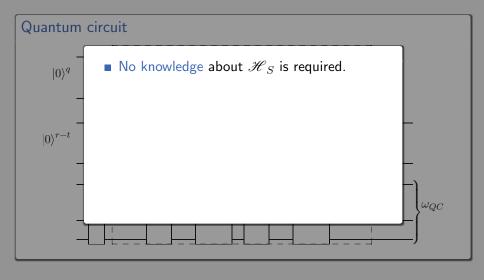
If the Hamiltonian has non-degenerate energy gaps all initial states  $\psi_{\square,0}$ with a flat energy distribution in  $[E, E + \Delta]$  locally equilibrate towards a Gibbs state, even if they are initially far from equilibrium.

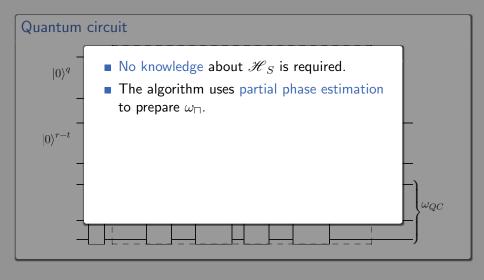
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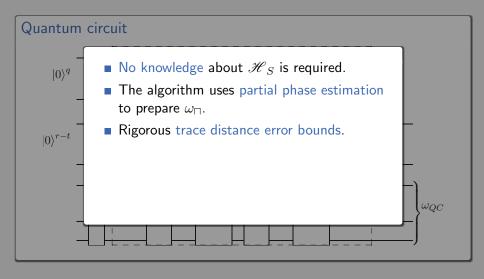
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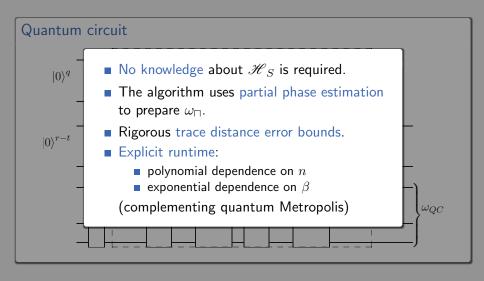


<sup>[4]</sup> A. Riera, C. Gogolin, and J. Eisert, (unpublished), 1101.????









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## Outlook

### And there is more...

#### What I didn't talk about:

- Thermalization in exactly solvable models [5, 6]
- A strong connection to decoherence [7]
- Measure concentration [8, 1, 9, 10]

#### The major open question:

■ Time scales. How long does it take to equilibrate/thermalize/decohere?

- [1] N. Linden, S. Popescu, A. J. Short, and A. Winter, PRE 79 (2009) no. 6, 061103
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- [10] C. Gogolin, Master's thesis, 2010, 1003.5058

#### Collaborators









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Jens Eisert







Peter Janotta

Haye Hinrichsen





Andreas Winter

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#### Thank you for your attention!

→ slides: www.cgogolin.de

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