

Decoupling:

A building block for quantum information theory



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Information (Shannon) theory

- A practical question:
 - How to best make use of a given communications resource?
 - A mathematico-epistemological question:
 - How to quantify uncertainty and information?
 - Shannon:
 - Solved the first by considering the second.
 - ~~A~~ *mathematical* theory of communication [1948]
- The

Shannon theory provides

- Practically speaking:
 - A holy grail for error-correcting codes
- Conceptually speaking:
 - A operationally-motivated way of thinking about correlations
- What's missing (for a quantum mechanic)?
 - Features from linear structure:
Entanglement and non-orthogonality

Quantum Shannon Theory provides

- General theory of interconvertibility between different types of communications resources: qubits, cbits, ebits, cobits, sbits...
- Relies on a
 - Major simplifying assumption:
Computation is free
 - Minor simplifying assumption:
Noise and data have regular structure

These lectures

- You will learn one, very powerful result
- Its various names:
 - State transfer
 - Fully quantum Slepian-Wolf
 - The mother of all protocols
- Part I: applications
- Part II: the proof

VON NEUMANN ENTROPY:

$$H(A)_\rho := H(\rho_A) = -\text{tr} \rho_A \log \rho_A$$

$$0 \leq H(A)_\rho \leq \log \dim A$$



ρ PURE



ρ MAX MIX

MUTUAL INFORMATION:

$$I(A;B)_\rho := H(A)_\rho + H(B)_\rho - H(AB)_\rho$$

$$0 \leq I(A;B)_\rho \leq 2 \log \dim A$$



ρ PRODUCT:

$$\rho_{AB} = \rho_A \otimes \rho_B$$



ρ MAX ENTANGLED

CONDITIONAL ENTROPY & COHERENT INFO

$$H(A|B)_\rho := H(AB)_\rho - H(B)_\rho =: -I(A>B)_\rho$$

$$-\log \dim A \leq H(A|B)_\rho \leq \log \dim A$$

BASIC RESOURCES: SINGLE SENDER & SINGLE RECEIVER



$[c \rightarrow c]$: ONE USE OF AN ALICE \rightarrow BOB NOISELESS CBIT CHANNEL (id_2)

$[q \rightarrow q]$: ONE USE OF AN ALICE \rightarrow BOB NOISELESS QUBIT CHANNEL (id_2)

$[qq]$: ONE ALICE-BOB EBIT $\frac{1}{\sqrt{2}} (|0\rangle|0\rangle + |1\rangle|1\rangle)$

RESOURCE INEQUALITIES: A SHORTHAND

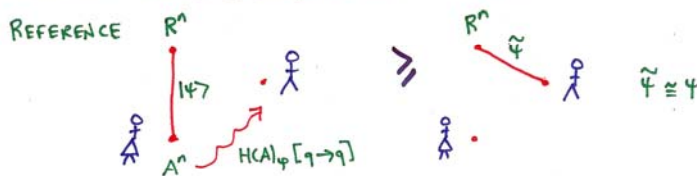
OBVIOUS: $[q \rightarrow q] \geq [c \rightarrow c]$
 \uparrow LHS CAN SIMULATE RHS

ENTANGLEMENT DISTRIBUTION: $[q \rightarrow q] \geq [qq]$

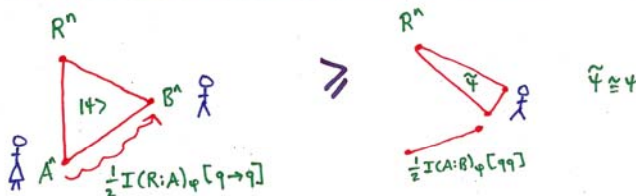
SUPERDENSE CODING: $[q \rightarrow q] + [qq] \geq 2[c \rightarrow c]$
 \uparrow # OF USES

TELEPORTATION: $[qq] + 2[c \rightarrow c] \geq [q \rightarrow q]$

SCHUMACHER COMPRESSION: $| \psi \rangle_{R^N A^N} = (| \psi \rangle_{RA})^{\otimes N}$



OUR MONDAY GOAL: STATE TRANSFER: $| \psi \rangle_{R^N A^N B^N} = (| \psi \rangle_{RAB})^{\otimes N}$



NOTE: STATE TRANSFER GENERALIZES SCHUMACHER COMPRESSION

IF $| \psi \rangle_{RA}$ IS PURE, THEN

$$\begin{aligned} \frac{1}{2} I(R:A)_\psi &= \frac{1}{2} [H(R)_\psi + H(A)_\psi - H(RA)_\psi] \\ &= \frac{1}{2} [H(A)_\psi + H(A)_\psi - 0] = H(A)_\psi \end{aligned}$$

\uparrow RA PURE

$\Rightarrow \psi_R$ AND ψ_A HAVE SAME NON-ZERO EIGENVALUES

RESOURCE INEQUALITY FROM STATE TRANSFER

$$\langle \varphi_{AB} \rangle + \frac{1}{2} I(R:A)_\varphi [q \rightarrow q] \geq \frac{1}{2} I(A:B)_\varphi [qq] \quad (ST)$$

↑ EXTRACT E_n EBITS WHERE
 $\lim_{n \rightarrow \infty} E_n/n = \frac{1}{2} I(A:B)_\varphi$

↑ ALLOW Q_n USES OF id_2 WHERE
 $\lim_{n \rightarrow \infty} Q_n/n = \frac{1}{2} I(R:A)_\varphi$

↑ ALLOW ALICE AND BOB MANY USES ($n \rightarrow \infty$) OF MIXED STATE φ_{AB} . i.e. $\varphi_{AB}^{\otimes n}$

SMALL IMPERFECTIONS ALLOWED BUT MUST VANISH AS $n \rightarrow \infty$.

ENTANGLEMENT DISTILLATION

$$\text{GOAL: } \langle \varphi_{AB} \rangle + C [c \rightarrow c] \geq E [qq]$$

WANT TO REPLACE $[q \rightarrow q]$ IN (ST) BY $[c \rightarrow c]$. HOW?

$$\text{TELEPORTATION: } [qq] + 2 [c \rightarrow c] \geq [q \rightarrow q] \quad (TP)$$

SUBSTITUTE (TP) INTO (ST):

$$\langle \varphi_{AB} \rangle + \frac{1}{2} I(R:A)_\varphi \{ [qq] + 2 [c \rightarrow c] \} \geq \frac{1}{2} I(A:B)_\varphi [qq]$$

$$\langle \varphi_{AB} \rangle + I(R:A)_\varphi [c \rightarrow c] \geq \left\{ \frac{1}{2} I(A:B)_\varphi - \frac{1}{2} I(R:A)_\varphi \right\} [qq]$$

$$\langle \varphi_{AB} \rangle + I(R:A)_\varphi [c \rightarrow c] \geq I(A>B)_\varphi [qq]$$

HASHING INEQUALITY

CHECK: IS $\frac{1}{2} I(A:B)_\varphi - \frac{1}{2} I(R:A)_\varphi = I(A>B)_\varphi$ FOR $|4\rangle_{RAB}$?

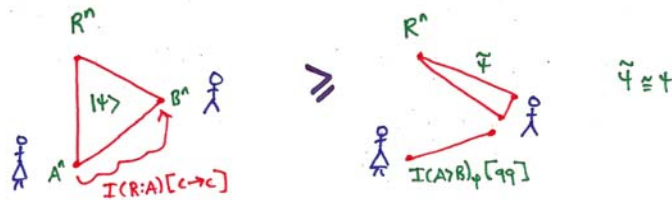
$$\frac{1}{2} I(A:B)_\varphi - \frac{1}{2} I(R:A)_\varphi = \frac{1}{2} \left\{ H(A)_\varphi + H(B)_\varphi - H(AB)_\varphi - H(R)_\varphi - H(A)_\varphi + H(RA)_\varphi \right\}$$

$$= \frac{1}{2} \left\{ H(B)_\varphi - H(AB)_\varphi - H(AB)_\varphi + H(B)_\varphi \right\}$$

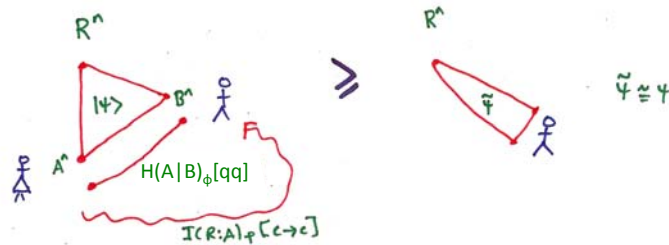
$$= H(B)_\varphi - H(AB)_\varphi$$

$$= I(A>B)_\varphi$$

HAVE ACTUALLY SHOWN, FOR $|\psi\rangle_{R^A A^A B^A} = (|\psi\rangle_{RAB})^{\otimes n}$:



OR, EQUIVALENTLY,



NOTE: $H(A|B) \geq 0$ ARE BOTH POSSIBLE!

> 0 : ENTANGLEMENT IS CONSUMED

< 0 : ENTANGLEMENT IS GENERATED

INTERPRETATION OF $H(A|B)_\psi$:

(QUANTUM) UNCERTAINTY ABOUT A WHEN B IS GIVEN.

< 0 : MORE THAN CERTAIN

ANOTHER APPLICATION: NOISY SUPERDENSE CODING

EXPLOIT MIXED ψ_{AB} TO ENHANCE CLASSICAL COMMUNICATION

$$(ST) \langle \psi_{AB} \rangle + \frac{1}{2} I(R:A)_\psi [q \rightarrow q] \geq \frac{1}{2} I(A:B)_\psi [qq]$$

WANT $[c \rightarrow c]$ ON RHS. HOW?

USE SUPERDENSE CODING:

$$(SDC) [qq] + [q \rightarrow q] \geq 2[c \rightarrow c]$$

$$[qq] \geq 2[c \rightarrow c] - [q \rightarrow q]$$

SUBSTITUTE (SDC) INTO (ST):

$$\langle \psi_{AB} \rangle + \frac{1}{2} I(R:A)_\psi [q \rightarrow q] \geq \frac{1}{2} I(A:B)_\psi \{ 2[c \rightarrow c] - [q \rightarrow q] \}$$

$$\langle \psi_{AB} \rangle + \left\{ \frac{1}{2} I(R:A)_\psi + \frac{1}{2} I(A:B)_\psi \right\} [q \rightarrow q] \geq I(A:B)_\psi [c \rightarrow c]$$

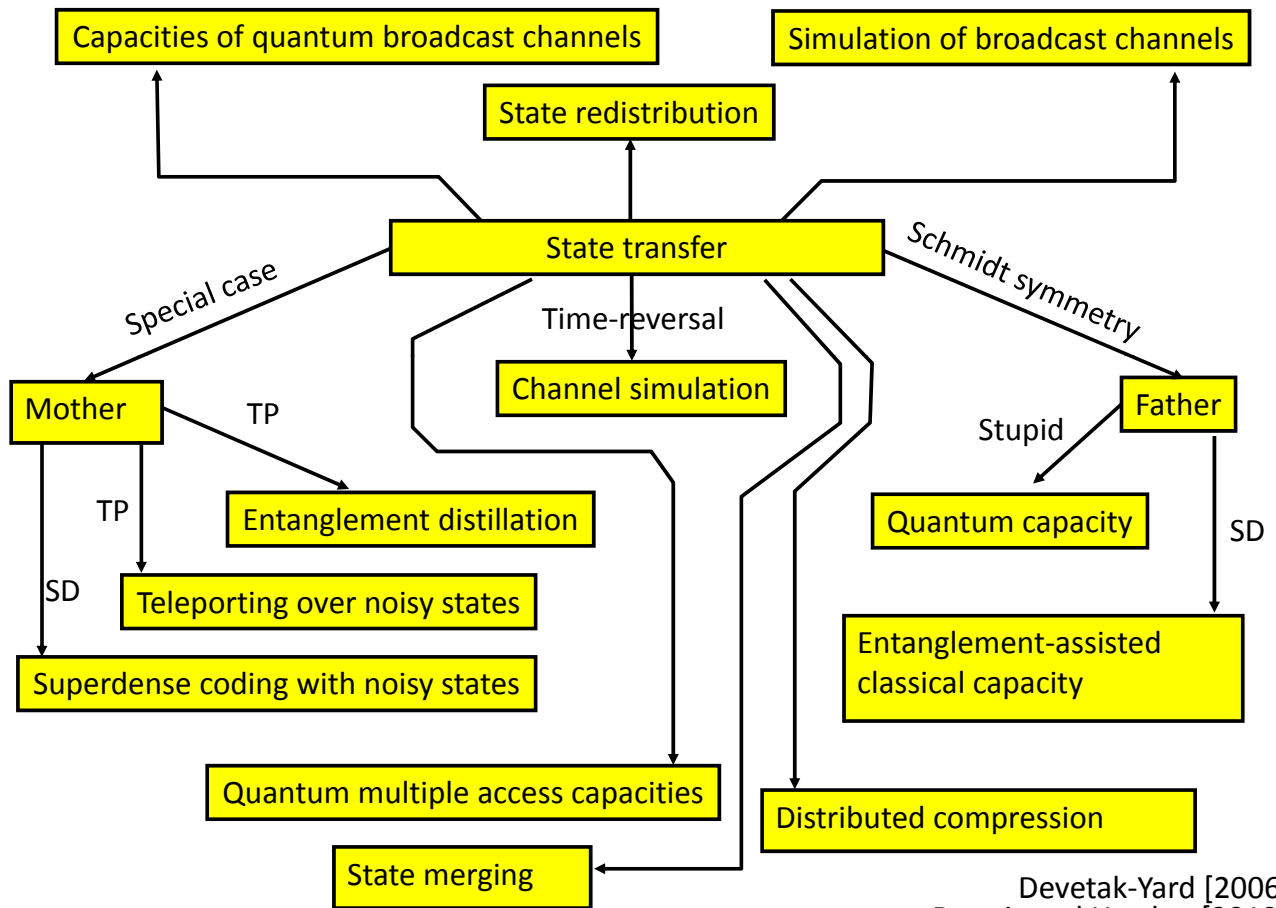
$$(SDC++) \quad \boxed{\langle \psi_{AB} \rangle + H(A)_\psi [q \rightarrow q] \geq I(A:B)_\psi [c \rightarrow c]}$$

CHECK: $\frac{1}{2} I(R:A)_\psi + \frac{1}{2} I(A:B)_\psi$

$$= \frac{1}{2} \{ H(R)_\psi + H(A)_\psi - H(RA)_\psi + H(A)_\psi + H(B)_\psi - H(AB)_\psi \}$$

$$= \frac{1}{2} \{ H(R)_\psi + H(A)_\psi - H(RA)_\psi + H(A)_\psi + H(RA)_\psi - H(R)_\psi \}$$

$$= H(A)_\psi$$



Devetak, Harrow, Winter [2003]

Devetak-Yard [2006]
 Dupuis and Hayden [2010]
 Abeyesinghe, Devetak, Hayden, Winter [2006]

Part II: Proof of the state transfer theorem



(The easy route to quantum information guru status)

MIXED STATE DISTANCE MEASURES

1) FIDELITY (GENERALIZES INNER PRODUCT)

$$F(\rho, \sigma) := \max_{|\psi\rangle, |\phi\rangle} |\langle \psi | \phi \rangle|^2$$

↑ OVER ALL PURIFICATIONS

$$= \max_{U_R} |\langle \psi | I \otimes U_R | \phi \rangle|^2$$

↑ FIXED PURIFICATIONS

↑ OVER ALL UNITARIES ON PURIFYING SPACE

$$F(\rho, \sigma) = \begin{cases} 1 & \text{iff } \rho = \sigma \\ 0 & \text{iff } \rho \perp \sigma \end{cases}$$

2) TRACE DISTANCE

RECALL $\|X\|_1 := \text{tr} \sqrt{X^\dagger X}$

IF $X = \sum_i \lambda_i |i\rangle\langle i|$ THEN $\|X\|_1 = \sum_i |\lambda_i|$

USE NORM TO MEASURE DISTANCE:

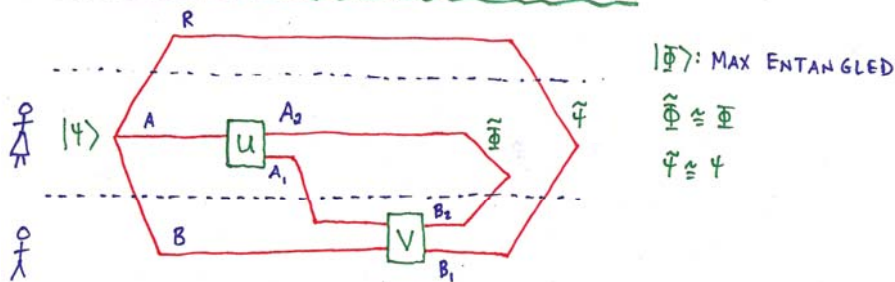
$$D(\rho, \sigma) := \|\rho - \sigma\|_1$$

(1) \cong (2): ROUGH EQUIVALENCE

$$1 - \sqrt{F} \leq \frac{D}{2} \leq \sqrt{1 - F}$$

$$1 - D \leq F \leq 1 - \frac{D^2}{4}$$

STATE TRANSFER AS A CIRCUIT



NEED TO FIND ISOMETRIC U, V ACCOMPLISHING THIS GOAL

WANT: $(V \circ U) |\psi\rangle_{RAB} \cong |\psi\rangle_{RB_1} |\Phi\rangle_{A_2 B_2}$

THE DECOUPLING ARGUMENT

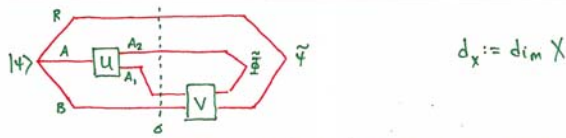
LET $|\omega\rangle = U |\psi\rangle_{RAB}$

SUPPOSE $1 - \epsilon < F(\psi_R \otimes \Phi_{A_2}, \omega_{RA_2}) \leftarrow (*)$

$$= \max_{V_{A,B}} \langle \psi |_{RB_1} \langle \Phi |_{A_2 B_2} \langle \Phi | I \otimes V_{A,B} | \omega \rangle$$

DEFINITION OF FIDELITY YIELDS V AUTOMATICALLY!

WILL SUFFICE TO DEMONSTRATE (*)!



STRATEGY: SHOW THAT A "TYPICAL" U WILL DO THE JOB

TH'M [DECOUPLING]:
$$\int_{U(A)} \left\| \rho(u)_{RA_2} - \rho_R \otimes \mathbb{I}_{A_2} / d_{A_2} \right\|_1^2 dU \leq \frac{d_R d_A}{d_{A_1}^2} + \text{tr}[(\rho_{RA})^2]$$

TO INTERPRET: RECALL SCHUMACHER COMPRESSION

LET Π_X BE THE TYPICAL PROJECTOR ON X FOR $\rho^{\otimes n}$

THEN: (i) $\text{tr} \Pi_X \rho_X^{\otimes n} > 1 - \epsilon$

(ii) $\text{rank} \Pi_X \leq 2^{n[H(X)_\rho + \epsilon]}$

(iii) $\Pi_X \rho_X^{\otimes n} \Pi_X \leq 2^{-n[H(X)_\rho - \epsilon]} \Pi_X$

ie $\text{Eig}(\Pi_X \rho_X^{\otimes n} \Pi_X) \leq 2^{-n[H(X)_\rho - \epsilon]}$

SO:
$$\begin{aligned} \text{tr}[(\Pi_X \rho_X^{\otimes n} \Pi_X)^2] &\leq \text{rank} \Pi_X \cdot [\max \text{Eig}(\Pi_X \rho_X^{\otimes n} \Pi_X)]^2 \\ &\leq 2^{n[H(X)_\rho + \epsilon]} \{2^{-n[H(X)_\rho - \epsilon]}\}^2 \\ &\leq 2^{-n[H(X)_\rho - 3\epsilon]} \end{aligned}$$

MORAL: IF $X_{\text{typ}} = \text{range} \Pi_X$ AND $\rho_{\text{typ}} = \Pi_X \rho_X^{\otimes n} \Pi_X$ THEN

$\dim X_{\text{typ}} \sim 2^{n[H(X)_\rho + \epsilon]}$

$\text{tr} \rho_{\text{typ}}^2 \sim 2^{-n[H(X)_\rho - 3\epsilon]}$

APPLY TO DECOUPLING TH'M

SPS EVERYTHING IS TYPICAL:

$$|\psi\rangle_{RAB} \sim (\Pi_R \otimes \Pi_A \otimes \Pi_B) |\psi\rangle_{RAB}^{\otimes n}$$

THEN:

$$\begin{aligned} \log \left\{ \frac{d_R d_A}{d_{A_1}^2} \text{tr}[(\rho_{RA})^2] \right\} &= \log d_R + \log d_A + \log \text{tr}[(\rho_{RA})^2] - 2 \log d_{A_1} \\ &= \log d_R + \log d_A + \log \text{tr}[(\rho_B)^2] - 2 \log d_{A_1} \quad \downarrow (\text{tr is pure}) \\ &\sim n H(R)_\rho + n H(A)_\rho - n H(B)_\rho - 2 \log d_{A_1} \\ &= n H(R)_\rho + n H(A)_\rho - n H(RA)_\rho - 2 \log d_{A_1} \quad \downarrow \\ &= n I(R;A)_\rho - 2 \log d_{A_1} \end{aligned}$$

SO, GOOD DECOUPLING PROVIDED

$$2 \log d_{A_1} \gg n I(R;A)_\rho$$

↑ EXACTLY RATE REQUIRED FOR STATE TRANSFER!

ASIDE: INTEGRATION ON THE UNITARY GROUP

WARM-UP: INTEGRATION ON A SPHERE

WHAT DO WE MEAN BY UNIFORM?

INVARIANCE UNDER ROTATIONS

$$\int_{S^d} f(\vec{x}) d\vec{x} = \int_{S^d} f(R\vec{x}) d\vec{x} \quad \forall \text{ ROTATIONS } R.$$

GROUP INTEGRATION AND SYMMETRY

NATURAL GROUP SYMMETRIES:

- LEFT AND RIGHT MULTIPLICATION
- UNITARY GROUP HAS A UNIQUE MEASURE INVARIANT UNDER BOTH (HAAR MEASURE)

$$\left. \begin{aligned} \int_{U(d)} f(g) dg &= \int_{U(d)} f(hg) dg \\ &= \int_{U(d)} f(gh) dg \end{aligned} \right\} \forall h \in U(d)$$

NORMALIZATION: FIX $\int_{U(d)} 1 dg = 1$.

THESE RELATIONS ARE SUFFICIENT FOR CALCULATION

CHEAT SHEET: $\int f(g) dg = \int f(hg) dg = \int f(gh) dg \quad \forall h$
 $\int dg = 1$

EXAMPLE 1: LET $D(X) = \int U X U^t du$.

THEN $D(X) = \text{tr}(X) \frac{I}{d}$. ie D IS COMPLETELY DEPOLARIZING

TO SEE THIS, NOTE THAT:

$$\begin{aligned} \bullet V D(X) V^t &= V \left\{ \int U X U^t du \right\} V^t \\ &= \int (V U) X (V U)^t du \quad (\text{BY LINEARITY OF } \int du) \\ &= \int U X U^t du \quad (\text{BY INVARIANCE OF } du) \\ &= D(X) \end{aligned}$$

SO $[V, D(X)] = 0$ FOR ALL UNITARIES V .

$$\Rightarrow D(X) \propto I$$

$$\begin{aligned} \bullet \text{ BUT } \text{tr } D(X) &= \text{tr} \int U X U^t du \\ &= \int \text{tr}(U X U^t) du \quad (\text{BY LINEARITY OF } \int du) \\ &= \int \text{tr}(X U^t U) du \quad (\text{TRACE CYCLIC}) \\ &= \int \text{tr } X du \quad (U \text{ UNITARY}) \\ &= \text{tr } X \quad (\text{NORMALIZATION } \int du = 1) \end{aligned}$$

$$\bullet \text{ CONCLUDE } D(X) = \text{tr}(X) \frac{I}{d}$$

EXAMPLE 2: CALCULATE $\mathcal{I}(X) = \int (u \otimes u) X (u^\dagger \otimes u^\dagger) du$

AS BEFORE, NOTE

$$\begin{aligned} (V \otimes V) \mathcal{I}(X) (V^\dagger \otimes V^\dagger) &= \int (Vu \otimes Vu) X [(Vu)^\dagger \otimes (Vu)^\dagger] du \\ &= \int (u \otimes u) X (u^\dagger \otimes u^\dagger) du \quad (\text{INVARIANCE OF } \int du) \\ &= \mathcal{I}(X) \end{aligned}$$

SO $[\mathcal{I}(X), V \otimes V] = 0$ FOR ALL UNITARY V

FIND Y SUCH THAT $[Y, V \otimes V] = 0 \quad \forall V \in U(d)$

• $Y = I$ WOULD WORK. OTHERS?

• CONSIDER SWAP OPERATOR F DEFINED SO THAT
 $\forall |\varphi\rangle, |\omega\rangle : F|\varphi\rangle|\omega\rangle = |\omega\rangle|\varphi\rangle$

THEN

$$\cdot (V \otimes V) F |\varphi\rangle |\omega\rangle = (V \otimes V) |\omega\rangle |\varphi\rangle = V|\omega\rangle \otimes V|\varphi\rangle$$

$$\cdot F (V \otimes V) |\varphi\rangle |\omega\rangle = F (V|\varphi\rangle \otimes V|\omega\rangle) = V|\omega\rangle \otimes V|\varphi\rangle$$

SO $[F, V \otimes V] = 0 \quad \forall V \in U(d)$

• TAKE LINEAR COMBINATIONS $Y = \alpha I + \beta F$.

THAT'S IT! PROOFS: • LINEAR ALGEBRA BRUTE FORCE

• REPRESENTATION THEORY (BETTER)

EXAMPLE 2 (CONT.D.): $\mathcal{I}(X) := \int (u \otimes u) X (u^\dagger \otimes u^\dagger) du = \alpha(X) I + \beta(X) F$

MORE ON F:

NOTE $F^2 = I$ SO $\text{EIG}(F) = \{\pm 1\}$

LET S_+ BE THE $+1$ (SYMMETRIC) EIGENSPACE

LET S_- BE THE -1 (ANTISYMMETRIC) EIGENSPACE

LET Π_+ AND Π_- BE ORTHOGONAL PROJECTORS ONTO S_+ AND S_-

THEN: $I = \Pi_+ + \Pi_-$ AND $F = \Pi_+ - \Pi_-$

$$\text{SO } \Pi_{\pm} = \frac{I \pm F}{2}$$

BACK TO $\mathcal{I}(X)$:

CAN WRITE $\mathcal{I}(X)$ IN TERMS OF Π_{\pm} .

SINCE $\int (u \otimes u) \Pi_{\pm} (u^\dagger \otimes u^\dagger) du = \Pi_{\pm}$, GET $\mathcal{I}^2 = \mathcal{I}$.

ALSO, \mathcal{I} IS TRACE-PRESERVING.

CONCLUDE: $\mathcal{I}(X) = \text{tr}(X \Pi_+) \frac{\Pi_+}{\text{rk } \Pi_+} + \text{tr}(X \Pi_-) \frac{\Pi_-}{\text{rk } \Pi_-}$

FINDING $\text{rk } \Pi_{\pm}$:

NOTE $S_- = \text{span}\{|i\rangle|j\rangle - |j\rangle|i\rangle; 1 \leq i < j \leq d\}$

$$\text{SO } \text{rk } \Pi_- = \dim S_- = \binom{d}{2} = \frac{d(d-1)}{2}$$

$$\text{rk } \Pi_+ = d - \dim S_- = \frac{d(d+1)}{2}$$

ANOTHER LITTLE LEMMA: $\text{tr } X^2 = \text{tr} [(X \otimes X) F]$

PROOF: $\text{tr } X^2 = \sum_{ij} X_{ij} X_{ji}$

$$\begin{aligned} \text{tr} [(X \otimes X) F] &= \text{tr} \left[\left(\sum_{ij} X_{ij} |i\rangle\langle j| \otimes \sum_{kl} X_{kl} |k\rangle\langle l| \right) F \right] \\ &= \sum_{ijkl} X_{ij} X_{kl} \text{tr} |i\rangle\langle j| \langle l| \rangle \quad (\text{DEFN OF } F) \\ &= \sum_{ijkl} X_{ij} X_{kl} \delta_{il} \delta_{kj} \\ &= \sum_{ij} X_{ij} X_{ji} \end{aligned}$$

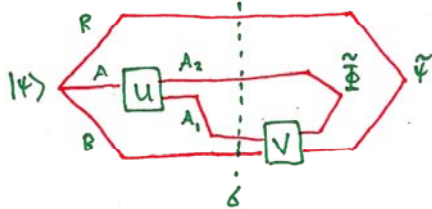
GRAPHICAL PROOF: $\begin{matrix} i \\ \boxed{X} \\ j \end{matrix} = X_{ij}$

$\text{tr } X = \begin{matrix} i \\ \boxed{X} \\ i \end{matrix}$

$\text{tr } X^2 = \begin{matrix} \boxed{X} & \boxed{X} \\ \text{---} & \text{---} \end{matrix}$

$\text{tr} [(X \otimes X) F] = \begin{matrix} \boxed{X} & \boxed{X} \\ \text{---} & \text{---} \\ \boxed{X} & \boxed{X} \end{matrix}$

DECOUPLING THEOREM: $\int \| \sigma(u)_{RA_2} - \psi_R \otimes I_{A_2} / d_{A_2} \|_2^2 du \leq \frac{d_R d_A}{d_{A_1}^2} \text{tr} [(\psi_{RA})^2]$



PROOF: WILL WORK WITH $\|X\|_2 = \sqrt{\text{tr } X^\dagger X}$ INSTEAD OF $\|X\|_1 = \text{tr} \sqrt{X^\dagger X}$

NOTE $\| \sigma(u)_{RA_2} - \psi_R \otimes I_{A_2} / d_{A_2} \|_2^2$

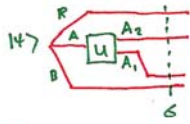
$$= \text{tr} [(\sigma(u)_{RA_2})^2] - 2 \text{tr} [(\sigma(u)_{RA_2})(\psi_R \otimes I_{A_2} / d_{A_2})] + \text{tr} [(\psi_R \otimes I_{A_2} / d_{A_2})^2]$$

$$= \text{tr} [(\sigma(u)_{RA_2})^2] - \frac{2}{d_{A_2}} \text{tr} [(\psi_R)^2] + \frac{1}{d_{A_2}^2} \text{tr} [(\psi_R)^2] \cdot \text{tr} [I_{A_2}]$$

$$= \text{tr} [(\sigma(u)_{RA_2})^2] - \frac{1}{d_{A_2}} \text{tr} [(\psi_R)^2]$$

WHY \checkmark ? : USES $\text{tr} [X_{12} (Y_1 \otimes I_2)] = \text{tr } X_{11} Y_1$ AND $\sigma_R = \psi_R$.

MUST EVALUATE $\int \text{tr} [(\sigma(u)_{RA_2})^2] du$



$$\begin{aligned}
 & \int \text{tr} [(\sigma_{RA_2})^2] dU \\
 &= \int \text{tr} [(\sigma_{RA_2} \otimes \sigma_{P'A_2}) (F_{RR'} \otimes F_{A_2A_2'})] dU \quad (\text{BY LITTLE LEMMA}) \\
 &= \int \text{tr} [(\sigma_{RA} \otimes \sigma_{P'A_1}) (F_{RR'} \otimes F_{A_2A_2'} \otimes I_{A_1A_1'})] dU \quad (\text{DEFN PARTIAL TRACE}) \\
 &= \int \text{tr} [(U_A \psi U_A^\dagger \otimes U_{A_1} \psi U_{A_1}^\dagger) (F_{RR'} \otimes F_{A_2A_2'} \otimes I_{A_1A_1'})] dU \quad (\text{DEFN OF } \sigma) \\
 &= \int \text{tr} [(\psi_{RA} \otimes \psi_{P'A_1}) (U_A^\dagger \otimes U_{A_1}^\dagger) (F_{RR'} \otimes F_{A_2A_2'} \otimes I_{A_1A_1'}) (U_A \otimes U_{A_1})] dU \quad (\text{TRACE CYCLIC}) \\
 &= \text{tr} \left\{ (\psi_{RA} \otimes \psi_{P'A_1}) \left[\int (U_A^\dagger \otimes U_{A_1}^\dagger) (I_{A_1A_1'} \otimes F_{A_2A_2'}) (U_A \otimes U_{A_1}) dU \otimes F_{RR'} \right] \right\} \quad (\text{LINEARITY OF } \int dU) \\
 &= \text{tr} \left\{ (\psi_{RA} \otimes \psi_{P'A_1}) [(\alpha I_{A_1A_1'} + \beta F_{A_1A_1'}) \otimes F_{RR'}] \right\} \quad (\text{WE KNOW THIS INTEGRAL!}) \\
 &= \alpha \text{tr} [(\psi_{RA})^2] + \beta \text{tr} [(\psi_{PA})^2] \quad (\text{BY LITTLE LEMMA AGAIN})
 \end{aligned}$$

CAN WORK OUT α AND β WITH A BIT MORE WORK.

$$\text{GET } \beta = \frac{d_A d_{A_2} - d_{A_1}}{d_A^2 - 1} \leq d_{A_1}$$

$$\text{SIMILY } \alpha \leq \frac{1}{d_{A_2}}$$

$$\text{SO: } \int \text{tr} [(\sigma_{RA_2})^2] dU \leq \frac{1}{d_{A_1}} \text{tr} [(\psi_{RA})^2] + \frac{1}{d_{A_2}} \text{tr} [(\psi_{PA})^2]$$

ALMOST DONE!

$$\begin{aligned}
 \text{HAVE } & \| \sigma(u)_{RA_2} - \psi_R \otimes I_{A_2} / d_{A_2} \|_2^2 \\
 &= \text{tr} [(\sigma(u)_{RA_2})^2] - \frac{1}{d_{A_2}} \text{tr} [(\psi_R)^2]
 \end{aligned}$$

$$\text{AND } \int \text{tr} [(\sigma(u)_{RA_2})^2] dU \leq \frac{1}{d_{A_1}} \text{tr} [(\psi_{RA})^2] + \frac{1}{d_{A_2}} \text{tr} [(\psi_R)^2]$$

CANCELLATION!

$$\begin{aligned}
 \Rightarrow & \int \| \sigma(u)_{RA_2} - \psi_R \otimes I_{A_2} / d_{A_2} \|_2^2 dU \\
 & \leq \frac{1}{d_{A_1}} \text{tr} [(\psi_{RA})^2] + \frac{1}{d_{A_2}} \text{tr} [(\psi_R)^2] - \frac{1}{d_{A_2}} \text{tr} [(\psi_R)^2] \\
 & = \frac{1}{d_{A_1}} \text{tr} [(\psi_{RA})^2]
 \end{aligned}$$

$$\text{BUT BY CAUCHY-SCHWARZ, } \sum_{i=1}^m |x_i| = \sum_{i=1}^m |x_i| \cdot 1 \leq \sqrt{\left(\sum_{i=1}^m x_i^2\right) \left(\sum_{i=1}^m 1\right)} = \sqrt{m} \|x\|_2$$

$$\begin{aligned}
 \text{SO, } & \int \| \sigma(u)_{RA_2} - \psi_R \otimes I_{A_2} / d_{A_2} \|_2^2 dU \\
 & \leq d_R d_{A_2} \int \| \sigma(u)_{RA_2} - \psi_R \otimes I_{A_2} / d_{A_2} \|_2^2 dU \quad (\text{CAUCHY-SCHWARZ}) \\
 & \leq d_R d_{A_2} \cdot \frac{1}{d_{A_1}} \text{tr} [(\psi_{RA})^2] \quad (\text{ALL OUR HARD WORK}) \\
 & = \frac{d_R d_A}{d_{A_1}^2} \text{tr} [(\psi_{RA})^2] \quad (\text{SINCE } d_A = d_{A_1} d_{A_2})
 \end{aligned}$$

Further reading on arXiv (beyond Nielsen and Chuang)

- State transfer:
 - Abeyesinghe, Devetak, Hayden and Winter: **The mother of all protocols**
- Resource inequalities
 - Devetak, Harrow and Winter: **A family of quantum protocols**
 - Devetak, Harrow and Winter: **A resource framework for quantum Shannon theory**
- State merging: interpretation of $H(A|B)$
 - Horodecki, Oppenheim and Winter: **Quantum information can be negative**
- Further development of decoupling approach
 - Oppenheim: **State redistribution as merging**
 - Dupuis: **The decoupling approach to quantum information theory**
- State transfer and black holes:
 - Hayden and Preskill: **Black holes as mirrors**